

City of Williamstown
Healthy Food Policy Resolution No. ____

A Special Resolution supporting Healthy Food Access and an Edible City Initiative that provides everyone access to healthy and nutritious food, enhances eco-systems services, and supports a community-shared agriculture program.

Whereas, there is a lack of access and availability of affordable healthy food in many communities in Grant County. Lack of access and availability of healthy food, including fresh fruits and vegetables, is a known contributor to negative health outcomes including higher than average rates of cancer, diabetes, obesity and other health concerns; and

Whereas, 22% of residents in our county get experience food insecurity of lack of access to healthy foods (County Health Rankings, 2017); Kentucky has food insecurity rates that exceed the national average by statistically significant amounts.

Whereas, approximately 36% of adults in Grant County are obese and nearly 30% are physically inactive (County Health Rankings, 2017). Obesity is a major contributor to heart disease, stroke, diabetes, cancer, arthritis, and diminished overall quality of life; and

Whereas, the 2015-2020 Dietary Guidelines for Americans recognize that nutrition and health are closely related, and that everyone, including governments and communities, has a responsibility to support healthy eating patterns. Healthy families are the foundation of a healthy region; and

Whereas, this resolution is consistent with the Healthy Food Access and Edible City Initiative, and

BE IT RESOLVED BY THE City of Williamstown of the State of Kentucky.

SECTION 1. The City of Williamstown supports a healthy food policy that provides everyone access to healthy and nutritious food, enhances eco-systems services, and supports a community-shared agriculture program.

SECTION 2. The City of Williamstown supports improved access to healthy food for Williamstown residents.

SECTION 3. The City of Williamstown Public Works Department will plant, maintain and harvest the edible landscape in the places that the people of Williamstown live, work and play.

SECTION 4. The City of Williamstown will encourage the use of a community-shared agriculture program to provide harvested fruits and vegetables to Williamstown Independent students living below the poverty line.

SECTION 5. A plan will be developed to incorporate Urban Agriculture in all aspects of City work.

SECTION 6. The City of Williamstown will further identify parcels containing vacant buildings that may be appropriate for indoor agriculture opportunities.

SECTION 7. The Planning Department will identify the steps needed to amend the zoning code to allow for farmers' markets and pop-up markets on vacant building lots.

SECTION 8. All of the food, beverages and snacks to be provided and/or sold in City vending machines or concession stands at City facilities (parks, libraries, community centers, office buildings, etc.) shall provide healthier options in the following manner:

- Require 40% of snacks sold in vending machines and/ or concession stands on City property to be healthy options.
- Require 40% of beverages sold in vending machines and/or concession stands on City property to be healthy options (i.e. 100% fruit juice) and/ or water.

POSSIBLE EXEMPTIONS

Exemptions to the Healthy Food Policy must be presented to the City in writing by the appropriate official and documented with supporting data that indicates reason for the decision are limited to the following:

1. Scarcity of population and attractors both existing and future indicate an absence of need for such accommodations
2. Detrimental environmental or social impacts outweigh the need for these accommodations.
3. The safety or timing of a project is compromised by Healthy Food Policy

SECTION 9.

The invalidity of any provision of this Municipal Resolution shall not affect the validity of any other provision.

SECTION 10. The Mayor is invited to join in this resolution by affixing his/her signature hereto.

SECTION 11. This resolution shall be in full force and effect upon adoption and compliance with the Healthy Food Access and Edible City Initiative.

Read, Moved, and Approved by the City Council of the City of Williamstown, Kentucky, this ___ day of July 2017.

Rick Skinner, Mayor
City of Williamstown, Kentucky

ATTEST:

Vivian Link, City Clerk/Treasurer

SAMPLE